

# Lindbergh Early Childhood Education (LECE) Family Handbook 2022-2023

Dear Families,

We are so excited that your student will be joining us. We have been providing early childhood education to Lindbergh families for 51 years, and we are happy that you will be joining our family. Our school, and program resources, meet the educational needs of families from prenatal to kindergarten entry. Additionally, our child care component allows families to access full day preschool in an educational environment. This handbook tells you about the common practices that you will experience at LECE. Lindbergh Schools district wide policies and procedures can be found at <u>District Handbook</u>.

# ECE Center and ECE West offer several options for families:

**Parents as Teachers (PAT)** is a proven educational support to help parents support their children to have the best start possible in life. The Parents as Teachers program is offered at no cost to parents of children not yet attending kindergarten. Read more about PAT at <u>this link</u>.

**Our preschool classrooms** implement Missouri Department of Elementary and Secondary Education approved curricula, provide intervention services for qualifying students, and assist all of our students in meeting their educational goals, which are aligned with the Missouri Early Learning Standards (MELS). Read more about our preschool at <u>this link</u>. A description of the classroom schedules that we offer can be found in the registration section of this handbook.

**Our child care program** provides child care for students who are as young as 2 years old. Additionally, wrap-around child care for our students in our preschool classrooms is provided from 2:25 - 5:30, which are after school hours for our classrooms. Child care is provided, at no additional cost, in our full day classrooms to meet the needs of families who work full time.

Our opportunities for families are an excellent choice for over 400 students each year, in addition to approximately 700 PAT families. If you choose to register with LECE, we will be sure to make your family's entry into Lindbergh Schools a smooth transition.

Sincerely, Dr. Charlene Ziegler Principal

Mission, Vision and Philosophy	4
Mission Statement	4
Vision	4
Together, we aspire to	4
Philosophy Statement	4
Our Why	4
Contact Information	4
Registering Your Child	6
Limited Registration	6
Process for getting your child on the waiting list	6
Classroom placements	6
Classroom Options	6
Full day Preschool	6
Part Day Preschool	6
Morning Preschool	6
Afternoon Preschool	7
Scholarship Opportunities	7
Tuition Prices & Payment	7
Late Payments	7
Days and Hours of Operation	7
Helpful Information for Parents	9
Authorized Pick up	9
Late Pickup Policy	9
Schedule/Schedule Changes	9
Vacation Weeks	9
Absences	9

Snow Days	10
Health and Safety	11
Parking Lot Safety	11
Building Security	11
Outdoor Play	11
Photos/Videos	11
Animal Policy	12
Birth to Age Five Parent as Teachers Services	13
Parents as Teachers (PAT)	13
Developmental Screenings	13
Personal Visits	13
Resource and Referral Services	13
Curriculum	14
Student Assessment	14
Orientation Process	14
Getting Ready for Preschool	15
Lunch/Snack for Preschool Students	15
Bringing Food into the Classroom	15
Peanut Butter and Tree Nut Practice	15
Safe Snack Process for Shared Food Items Provided by Parents or Staff	16
Birthday/Party Treats	16
Daily Nap Time/Quiet Time for Full Day Preschool Students	16
Family Involvement in Preschool	17

3

## Mission, Vision and Philosophy

## **Mission Statement**

Join with families in learning, inspiring and influencing the future.

#### Vision

Learn, inspire and influence

#### Together, we aspire to

- Inspire inquiry, creativity and achievement
- Foster integrity, compassion and respect
- Promote lifelong learning in a safe and caring environment

## **Philosophy Statement**

Children have the right to learn in a safe and respectful environment. A sense of security is crucial for children to develop trusting relationships with peers and adults. Our school environment is a community of individuals who live and interact based upon commonly shared expectations including human dignity, empathy and respect for others. We work to maintain a safe, orderly, positive environment where learning is possible and fundamental as we all work together.

We believe that each child is unique and has the potential for making positive contributions to our school. We also believe that families are a critical part of the educational experience by supporting the importance of these guidelines. With that in mind, we commit ourselves to strong partnerships with families, staff and children to maximize self-esteem, self-worth, self-respect and self-control.

## **Our Why**

Each Lindbergh school has their own "Why," which fits within the Lindbergh Schools' "Why." Our Why represents why we do what we do, and what makes us excited to come and serve families every day. Below is our Why at LECE. It is very important to us that we are continually learning and re-evaluating our practices to provide the best learning opportunities for our students.

# *WHY:* We use methods supported by current research to educate students with progressive practices and priorities.

## **Contact Information**

Please feel free to contact the following office or administrative staff members with any concerns or questions you may have.

Bridget Baudrexl - Building Secretary, ext. 8334, <u>bbaudrexl@lindberghschools.ws</u> Beth Crancer - Parents as Teachers Coordinator, ext. 8338, <u>bcrancer@lindberghschools.ws</u> Ali Petersen – Nurse @ ECE Main, ext. 8332, <u>alexandriapetersen@lindberghschools.ws</u> Christy Frost - Special School District Nurse, ext. 8339, <u>christyfrost@lindberghschools.ws</u> Geannie Floyd – Special School District Area Coordinator, ext. 8347, <u>geanniefloyd@lindberghschools.ws</u> Cindy Johnson - Family & Child Resource Coordinator, ext. 8348, <u>cjohnson@lindberghschools.ws</u> Julianne Woodle Carson - Preschool Coordinator, ext. 8337, <u>juliannewoodlecarson@lindberghschools.ws</u> Charlene Ziegler - Principal, ext. 8360, <u>cziegler@lindberghschools.ws</u>

Our school locations are:

## Lindbergh Early Childhood Education 4814 S. Lindbergh St. Louis, MO 63126

Main Number: 314-729-2434 Fax Number: 314-729-2484

Lindbergh Early Childhood Education West 9011 Robyn Rd. St. Louis, MO 63126

Main Number: 314-729-2434 Fax Number: 314-729-2484

Website: <u>www.lindberghschools.ws/ece</u> Facebook: <u>www.Facebook.com/LindberghECE</u>

## **Registering Your Child**

## **Limited Registration**

Registration for preschool is limited, and on a first come, first serve basis. We typically have a lengthy waiting list for students to register; parents are welcome to request registration for their children as soon as they are born. Lindbergh Schools' residents will be given priority over students in other school districts for our preschool programs. Families are eligible to register in preschool regardless of the school district in which they reside. Registration is available year round for full day families.

## Process for getting your child on the waiting list

We currently have a waiting list for most preschool classrooms. To get your child on the waiting list, you will fill out the <u>Registration Request</u> on our website for the program that you are interested in and turn that in with the \$50.00 register fee. Children are placed on the waiting list based on their age, as well as by the date and time their completed registration form is turned in. All Lindbergh residents are offered placement before any non-residents. You will receive an email once the registration form is processed letting you know that your child is on the waiting list.

#### **Classroom placements**

As we have openings, you will be notified by our registration office that your child has been placed into one of our LECE classrooms. For notification you will receive an email from Lindbergh Schools to access <u>sissupport@lindberghschools.ws</u> with your SIS Parent Portal username and password. You will be instructed to log on to the parent portal and complete the online registration forms. All forms must be filled out completely for your registration to be complete.

#### **Classroom Options**

## Full day Preschool

Our full day classrooms include a child care component in order to meet the needs of working families from 7:00 a.m. - 5:30 p.m. Full day programming is only offered at the LECE Center. Tuition is not discounted for time away from the classroom, such as during intervention services. Full day classrooms are open to students from 7:00 a.m. - 5:30 p.m. The daily schedule of these classrooms are:

- 7:00-7:45 arrival after 8:00 a.m. is considered tardy
- 7:45-2:25 educational hours of the classroom
- 2:25-5:30 child care hours of the classroom

## Part Day Preschool

Part Day classrooms are ½ day options and are available at both the LECE Center and ECE West. The number of students in each classroom is dependent upon the needs of the students enrolled in that classroom.

#### **Morning Preschool**

8:30-11:40 a.m.

- Monday/Wednesday/Friday
- Tuesday/Thursday
- Monday Friday
- Monday Thursday

## **Afternoon Preschool**

12:15-3:25 p.m.

- Monday/Wednesday/Friday
- Tuesday/Thursday
- Monday Friday
- Monday Thursday

## **Scholarship Opportunities**

Partial and full scholarship opportunities are available for students who meet Free and Reduced Lunch criteria. Scholarship spots are limited, and our waiting list does apply for all enrolling students, including those who wish to apply for a scholarship. To apply for a scholarship, please email <u>bbaudrexl@lindberghschools.ws</u>

## **Tuition Prices & Payment**

- Tuition payments for the part day classrooms are due on the first Monday of each month. Monthly tuition covers costs from the first Monday of the month up to the first Monday of the following month. The payments are only September May.
- Tuition payments for the full day are due on the first day your child is scheduled to attend each week.
- Advance payment is accepted for all programs.
- A 10% discount, rounded to the nearest dollar, is offered for the lowest tuition if two or more siblings attend.
- Forms for selection of payment options can be obtained from the Building Secretary.
- Payment options are as follows:
  - o Online Payment

Each time a tuition payment is due or there is a current balance, families will be emailed an invoice/statement with the option of clicking on the invoice/statement and paying online through either a debit from a checking or savings account or paying by credit or debit card. Families are responsible for ensuring that LECE has a valid email address.

- Payment by credit card has a fee that is charged by the provider of the payment system. parents are responsible for this fee.
- Payment by ACH has no fee.

## Late Payments

- If payment is over two weeks late, the school holds the right to not allow attendance unless a specific payment plan has been agreed upon.
- Please email bbaudrexl@lindberghschools.ws if you are unable to make payment during a given time.
- A family may not have an outstanding balance when registering for a new session or school year.

## **Days and Hours of Operation**

Days in operation follow the Lindbergh Schools school calendar at <u>http://go.lindberghschools.ws/Page/26</u>.

Our full day classrooms are open from 7:00 a.m. to 5:30 p.m. Please note that all students must be picked up before 5:30. We do not assess a late fee for families who are late picking up their student(s). After two circumstances of a family picking up their student after the school is closed, a meeting will be required with a member of the administration in order to continue attendance.

Our part day classrooms are 8:30-11:40 a.m. and 12:15-3:25 p.m.

## **Helpful Information for Parents**

## **Authorized Pick up**

We realize that families may have special routines and schedules that require multiple people to be available for picking up and dropping off your child. You may authorize as many adults as you need to be "authorized pickups" by adding them to your child's contact list. You may add, or remove people when necessary, through the SIS Parent Portal. Only the people you have designated as authorized to pick up your child will be allowed to do so. If you need to verify that a friend or family member is on the list, you may do so at any time by stopping at the reception desk or asking your child's teacher.

## **Late Pickup Policy**

Families who have not picked up their student by 5:30 more than 2 times in a school year will meet with a member of the administrative team in order to continue enrollment. We do understand unusual instances, however we are closed at 5:30 and staff members are not available to stay late with students.

## **Schedule/Schedule Changes**

- A permanent schedule must be established for each child upon registration.
- A schedule change is defined as a change in a child's attendance that exceeds one week. Families who make more than two schedule changes over the course of the year will be charged \$10.00 per change unless the change results in an increase in tuition.
- A "Schedule Change/Withdrawal Form" must be completed by the family one week prior to a change in schedule. These forms are available at all ECE locations or can be printed from our website, <u>www.lindberghschools.ws/ece.</u>
- A written "Schedule Change/Withdrawal Form" must be completed one week prior to any withdrawal from our program. Families will be financially responsible for tuition for the one week after notification. Your child may continue to attend during this time.

## **Vacation Weeks**

- Vacation applies only to families registered in our year round, full day preschool classrooms.
- Vacation is accrued at a rate of two weeks between July 1st and June 30th, after three months of continuous attendance.
- Unused vacation time expires on June 30th and may not be carried over from year to year.
- Vacation must be taken as a Monday through Friday absence.
- If your child attends any time during a week of scheduled vacation, you will be charged full tuition for that week.
- Vacation requests need to be received by LECE at least one week in advance, and should be filled out online at <a href="https://www.lindberghschools.ws/ece">www.lindberghschools.ws/ece</a>.
- You will receive a reply email indicating that your request has been received.

## Absences

If your child is absent, or will be picked up early, please call us at 314-729-2434. This helps your child's teacher prepare for the day. Absences due to illness (with the exception of hospitalization or convalescence after hospitalization of the child) will not be deducted from tuition.

## **Snow Days**

Please listen for Lindbergh Schools closure status on local media. Our website, <u>www.lindberghschools.ws</u> and our Facebook page, <u>www.facebook.com/LindberghECE</u>, will have snow day information as well. All LECE programs close with Lindbergh Schools.

## **Health and Safety**

## **Parking Lot Safety**

To ensure the safety of all staff and families using LECE parking lots, please make sure you don't use your cell phone while in the parking lot. Please hold your child's hand when crossing the street and on the sidewalk. Please make sure to follow the directional arrows and stop at the crosswalk to allow families to cross safely.

## **Building Security**

LECE provides a safe environment for all children and families. Our families play an important role in keeping our building safe by not letting strangers into the building when they are dropping off or picking up their children. Parents and visitors can gain access to the building by using the electronic system located on the pedestal at the front of the building, please do not allow anyone to enter the building with you.

## **Outdoor Play**

Providing the temperature and air quality guidelines are met, we go outside each day. To ensure that students are protected against cold, heat, sun or insect disease, families should follow the guidelines below:

- Please send climate appropriate clothing for your child.
- Please send a change of clothing for your child so that in the event your child's clothing becomes damp, they can be changed promptly.
- Sunscreen and insect repellant may be applied by the classroom with appropriate written permission sunscreen provided from the family. We ask that families apply these protectants in the morning and the teaching staff will reapply in the afternoon as directed.

Most health sources strongly recommend that children go outside daily, except during extremely cold weather, as this helps prevent upper respiratory infections. LECE uses the guidelines recommended by St. Louis Children's Hospital Resource Center to determine whether outdoor play is appropriate for the current weather conditions. The recommended guidelines are:

- Below 10 degrees (regardless of wind chill) children will remain indoors.
- Between 10 and 32 degrees outdoor play will be limited to 15-20 minutes.
- Above 32 degrees there will be no restrictions on time.
- NOAA Heat index chart is followed in warm weather.
- Active precipitation will be a factor as well.

## Photos/Videos

Sometimes we take photos or videos of our children in class for educational and/or marketing purposes. At times, a photo may be in a district newsletter, newspaper or website. There is a media release form contained within your registration process. If you prefer no photos/videos are taken of your child to be used outside the classroom, please make sure you fill this out letting the administration know your

preference. If you approve of your child's photo being taken for educational or marketing purposes by the District, then no action is necessary.

## **Animal Policy**

To protect students from potential allergens and bacteria from pets, we do not allow classroom pets. We do allow animals to visit occasionally, when they fit the criteria for the school district. Families who wish to allow their family pet to visit should see the Principal for approval in advance of bringing the family pet. Your pet's shot records will be required.

# **Birth to Age Five Parent as Teachers Services**

## Parents as Teachers (PAT)

Your child's classroom teacher and your family's Parent Educator work hand-in-hand to make the experience for your family educational and enjoyable. If you are a family residing within Lindbergh Schools boundaries, you have the opportunity to register in Parents as Teachers (PAT). Parents as Teachers is a program supported by the Department of Elementary and Secondary Education that recognizes you as your child's first and most important teacher. PAT serves families expecting a child or those who have a child not yet in kindergarten. The program is free of charge, funded in part by the Department of Elementary and Secondary Education. PAT provides core services, including the following:

## **Developmental Screenings**

- Developmental screenings are completed for preschool students in the fall for all children age two and up, not yet registered in kindergarten.
- A week before your child's screening, we will provide you with a Family Questionnaire. Your answers will allow us to give you some ideas of your child's development in the self-help/adaptive and social/behavioral areas.
- Screening results will be shared with you and your child's classroom teacher so they may be used to develop classroom activities and lessons.
- Screening is not an intelligence test, but a quick and effective way to look at your child in comparison with other children his/her age.
- Screenings look at various areas of child development and will give one perspective of your child's abilities and emerging skills in the areas of fine and gross motor, language, pre- academic concepts, vision and hearing.
- The benefits of screening include viewing a child's development in comparison to other same-aged children and knowing what is coming next in their development. Screening can also assist in the early identification of a developmental delay. Early intervention dramatically reduces a child's need for special help later in school. Screening summaries will provide ideas of activities your child's teacher and you can share with your child to stretch their abilities and strengthen any area of concern.

## **Personal Visits**

Personal visits by a certified Parent Educator are available for families with children from birth to three years of age. Parent Educators share research-based, age-appropriate developmental information with families to teach them about their child's developmental milestones and to teach them techniques to assist their child in reaching those milestones. Parent Educators also provide families with the information needed to answer the questions common to most families, including sleeping, discipline, tantrums, etc.

## **Resource and Referral Services**

PAT, the Family and Child Resource Coordinator, and your classroom teacher may have resources about other community services in which your family may be interested. We encourage you to take advantage of the opportunities available.

# Curriculum

LECE follows a constructivist approach. We believe that children learn based upon the construction of knowledge, as a result of their experiences. Our curricular framework is Project Construct, developed by the Missouri Department of Elementary and Secondary Education in 1986. Project Construct is a learner-centered curriculum and an approach to teaching for preschool and elementary grades. It was developed from research demonstrating that learners construct knowledge through interactions with their physical and social environments.

In Project Construct classrooms, students interact with materials, solve realistic problems, explain their thinking and examine their reasoning. Children are provided with opportunities for language acquisition that align with the program philosophy, consider family perspectives and consider community perspectives. They also learn to function as members of a community. As a result, they attain a deep understanding in the core content areas, become critical thinkers and creative problem-solvers, develop cooperative and collaborative skills and develop a love of learning. Our teachers plan for experiences that address social/emotional skills, character education, language and literacy, cognition, math, science, social studies, creative expression, dramatic play, art, music, physical development, technology, health and safety. Project Construct places assessment of students at the center of its framework. Assessment of the students is an ongoing process from which teachers support the learning styles and needs of individual students. This ongoing assessment allows teachers to make adjustments in their lessons to help each child reach his/her full potential.

## **Student Assessment**

Our primary goal is to meet the educational goals of students, which will foster appropriate social development, and a love of learning. As such, assessment of students is critical to reaching this goal. The results of assessment are the guiding force of our lesson planning for students.

The needs of students are at the foundation of how we select to meet the goals and objectives of our curriculum. Students are assessed continually using information from the following sources including, but not limited to:

- Family Questionnaire
- Authentic assessment via observation in large, small and one-on-one group settings
- The Ages and Stages Questionnaire within three months of their start date.

## **Orientation Process**

We encourage all families to tour our facilities before registering in our programs. During the tour, most families spend time visiting with our staff and classrooms going over our mission, curricular goals and philosophy. After the entire registration packet is complete, a family will be notified their child has been admitted to the school. The child's teacher will call the family and invite them to visit the classroom at least once before their child starts the program.

When the family visits the classroom, the child is introduced to their future classmates, shown their cubby and acquainted with the classroom and school. At this time, the child's families and the teacher are able to

share information regarding their child. During the time period that a family is transitioning and receiving assistance from a staff member, we ask families to set an appointment time to visit so that their needs may be met with service excellence. After the start of attendance, a family may visit in a classroom at any time.

#### **Getting Ready for Preschool**

Entering a new school can be a difficult transition. The following list of ideas can help ease the transition.

- Dress your child comfortably. Choose clothes that are easy for your child to manage and that you do not mind getting dirty.
- Have your child wear shoes that are safe for climbing, running and jumping. Sandals and loose shoes are not recommended. Because of the risks associated, Crocs and similar shoes are not allowed.
- Bring an extra set of clothes, including socks, underwear and shoes. Change the clothing as your child grows and seasons change. Please label everything.
- Before the first day, come by and visit with your child.
- "Like" the Lindbergh Early Childhood Education Facebook page and your child's classroom page to stay informed.
- Participate in orientation. It is a great way to get to know the teachers, the families and the children.
- Let your child know that you will be there at the end of the day to pick them up.
- If your child is in a full day classroom, a small pillow, sheet/blanket and security item are needed for rest/nap time.
- Allow your child to bring a security object that will help with any transition difficulties.
- If your child speaks a language other than English as their primary language, please let us know and share some words which may be comforting to them in their first days.

When you register your child in our preschool program, you will complete a Family Questionnaire to relay information about your child's needs, interests, and strengths. If you feel the development of your child would benefit from additional services, please see the Family and Child Resource Coordinator.

# Lunch/Snack for Preschool Students

#### Bringing Food into the Classroom

Please talk with the nursing staff about any foods you want to bring into the classroom. Food items must be store bought due to Health Department regulations.

## **Peanut Butter and Tree Nut Practice**

Though we are not peanut and tree nut free buildings, we do everything we can to reduce the risk of exposure. Due to the high number of peanut and tree nut allergies, we require that no peanut butter or peanuts/tree nuts be brought into the ECE Center or ECE West. Please see the nursing staff for questions about any further precautions in your child's classroom.

#### Safe Snack Process for Shared Food Items Provided by Parents or Staff

#### Birthday/Party Treats

Lindbergh Schools no longer permits students and families to bring outside food to school for personal celebrations. This change applies to birthdays and other special occasions when food items are brought to school to share with classmates and staff. All class celebrations, such as holiday parties, will still include snacks, but they will be limited to two snacks per classroom and approved by our school nurse. Treat bags that contain non-food items are permitted. These changes will make it easier for Lindbergh staff to ensure that snacks are safe for all students. Please talk with your child's teacher regarding options for celebrations.

#### Daily Nap Time/Quiet Time for Full Day Preschool Students

In our full day classrooms, our students rest for an age appropriate amount of time. Each student rests on their cot for a short period of time, then they are offered quiet activities if not sleeping. It is comforting to the child to have a crib sheet, a blanket and a security item during this time. Staff supervise the students by positioning themselves in the classroom and moving about the classroom.

# **Family Involvement in Preschool**

Your involvement in your child's school is one of the most educationally beneficial practices that you can follow. While your child is seeing that you value their education, you are learning a little bit more about your child's school and the process of the classroom. Establishing a relationship with your child's teacher and school aids in preventing issues that may arise and helps us to better meet your child's needs. It is for this reason that we encourage our families to have open communication with their child's teachers throughout the year in addition to our fall and spring conferences. Working together is the key to a child's success.

Families have many opportunities to get involved at LECE, including involvement with the LECE PTO, our family group. For more information on PTO activities, "Like" the Lindbergh Early Childhood Education PTO on Facebook. Additionally, families have many opportunities to get involved in their child's classroom throughout the year. Families are notified of these opportunities through newsletters, clipboard notes, emails, and Facebook updates from the classroom.

During the registration process, you will be given a Family Questionnaire. The questionnaire will allow us to get to know your family a little better. Please share with us information to the extent of which you are comfortable. We utilize numerous ways to get to know your family, including casual conversation, the Family Questionnaire, various classroom projects and the Family of the Month. Having knowledge of your family customs, race, religion, home language, culture, family structure, traditions, values and beliefs helps us to better meet the needs of your child and respect your priorities. From this information, we are able to modify our practices and activities as we evaluate how our methods meet your needs.